



HouseCall!

Summer 2020

Protecting our Community, Together

As one of Huntington Hospital's valued supporters, you are here with us in spirit as we continue the fight against COVID-19. Your support not only helps us provide care to every patient, it also says "Thank You" to the caregivers who are working so hard to keep us all safe.

Thanks to you, we are doing all we can to address our community's extraordinary needs by continuing our comprehensive response to the pandemic that includes:

- Staying on high alert to provide 24/7 oversight and support of our emergency response to COVID-19.
- Procuring an adequate amount of personal protective gear for staff like face shields, gloves, protective coveralls and other urgently needed supplies that keep our staff safe while caring for patients.
- Increasing our supply of ventilators and other equipment for patients and ensuring we have sufficient staff on hand at a time of unprecedented need.
- Offering a comprehensive range of services in a safe environment, including primary or emergency care, diagnostic services, maternity care or surgery.



Our mission, during this crisis and always, is to treat all the members of our community who are in need. The strength of that resolve will never waver — and the strength of your support is a testament to your faith in Huntington Hospital as a leader of community well-being.

Thank you for being our partner in care. Don't forget to stay safe, wear a mask, and practice social distancing.

Huntington Hospital caregivers share special video messages of thanks for the role you play in helping stem the threat of COVID-19. To view them, go to: giving.huntingtonhospital.com/philanthropy

Baby Oliver: your success story



Thanks to support like yours, Baby Oliver is now thriving at home after receiving care in our NICU. We are the only hospital in the San Gabriel Valley to offer many of the advanced neonatal care techniques that are responsible for saving dozens of young lives every year.

Expectant parents Hillary and Sam Froerer had no reason to believe there would be any problems with their baby. Both of them were young and healthy. Hillary had become pregnant easily and there had been no complications during her pregnancy.

Oliver was born at full term but, right from the start, it was clear something was wrong. Our clinicians noted he was having trouble breathing and he was rushed to our NICU for care. There, he received prompt treatment for pneumonia (developed in utero), jaundice and hypoglycemia.

Hillary praises the attentive care of Jamie Powers, MD, medical director of neonatology, and the NICU team. “No one wants their kid to be in the NICU,” she says, “but the staff did a great job comforting us and answering all our questions. They helped us get through it.”

Seven days after Oliver was born, he was already healthy enough to go home with his parents, thanks to the work of his care team. He continues to do well now: With no residual health problems, the happy, smiling baby continues to eat well and gain weight as he should. “I’m so grateful to Huntington Hospital,” Hillary says. “Oliver got all the attention he needed. In the future, we wouldn’t go anywhere else.”

Your gifts help provide expectant mothers, new mothers and their babies with a comprehensive array of care at Huntington Hospital — from labor and delivery services, to postpartum care, to advanced fetal surgery and more. You also help us deliver a superior level of care to particularly vulnerable patients, including babies who require care in our neonatal intensive care unit (NICU).



Marie Morrisroe — a legacy of care

★ *The September edition of Housecall! contained inaccurate information about Marie Morrisroe's relationship with the hospital, including that she returns to Pasadena frequently for medical care. We offer this updated profile with our appreciation for her support.*

“I don't think there's a better investment for your money than Huntington Hospital,” says Marie Morrisroe, an enthusiastic donor to the hospital for years. “After all, your dollars are used to provide vital care to patients.”

While Marie now receives her medical care near her home in Santa Barbara, she remains a steadfast supporter of our work. She has made generous outright gifts and has also included us in her estate plan. Her most recent gift is providing scholarships to ten of our most dedicated nurses as they pursue higher education in their field. As a result, Marie is again helping to ensure the very best of care for patients.

“Nurses have a huge impact not only on the physical well-being, but also on the emotional well-being of patients,” she adds. “A kind word when you're hurting ... what a difference that makes!”

Marie's late husband, David, served on Huntington Hospital's board of directors for more than two decades. Before passing away in 2002, he was also a patient here on numerous occasions. “David received nothing but the best of care at the hospital,” she says. “He was always treated so wonderfully by the doctors and nurses. I really appreciate that.”

For Marie, both patient care and the donor care at Huntington Hospital stand apart.

That's why she enthusiastically encourages others to support our work. She says, “Huntington Hospital is dedicated to the advancement of great patient care. Giving to the hospital is giving to the community. There are so many benefits of getting involved.”

We are very fortunate to have loyal donors, like you, who support our day to day work to maintain the health of our community.

And when thoughtful donors like Marie include Huntington Hospital in their estate plans, they make a lasting impact on life-saving care for generations to come.



Contribute to Care and Leave a Legacy



As you consider your gift planning, we can provide information on:

- Age-specific financial planning considerations
- Including the hospital as a beneficiary of your retirement plan
- Gift annuities and other tax-efficient giving strategies



If you have already included Huntington Hospital in your will or estate plans or for more information, please contact Helen Bechtolt at (626) 397-8681 or helen.bechtolt@huntingtonhospital.com.

A Heartfelt Thanks!

Thanks to you, we surpassed our 2019 Cardiac Care Challenge Match of \$200,000, **raising a total of \$284,000 in gifts!** With a generous donor's match of \$200,000 added to your gifts, **we now have a grand total of \$484,000.** These funds will be used for urgently needed cardiac equipment that brings an extra measure of excellence in cardiac care for you, your family, friends and neighbors.



Your outstanding support propels us into the future of our new state-of-the-art Cardiac Care Center strategically located above the emergency department. This facility will:

- reduce the time to lifesaving treatment by 40%.
- retain and attract world-class cardiac physicians, nurses and technicians.
- provide superior patient care through a “one-stop-shop” concept where all cardiac care is provided in one location.
- increase the number of cardiac patients we are able to treat by 30%.

With the number of people needing cardiac care on the rise, your support ensures Huntington Hospital continues to innovate, introduce best practices, and remain a nationally recognized top performing cardiac center. Congratulations on our shared success!



“An ounce of prevention is worth a pound of cure.”

— Benjamin Franklin

Stay Heartstrong at Home

While our hearts are at home, here are 5 easy tips to keep heartstrong:

1. Maintain a healthy weight. Eat only the calories that your body needs to remain in a healthy weight range based on your age and activity level.
2. Make smart food choices. Focus on eating vegetables and fruits, whole grains, nuts and legumes, low-fat poultry, fish and dairy, and healthy oils like olive and sunflower.
3. Move your body. Stay physically active by getting at least 150 minutes of moderate movement or at least 75 minutes of vigorous movement each week.
4. Moderation is key. From managing stress through exercise or meditation, to moderating how much alcohol you drink, keeping a healthy balance is vital to heart health.
5. Manage risk factors. Control high blood pressure, actively manage cholesterol and diabetes, try to cut-down or quit smoking.

Your heart will thank you!

 **Huntington Hospital**