

NEW PATIENT FORM

PATIENT NAME: _____ DATE: _____

PLEASE CHECK BOXES NEXT TO SYMPTOMS THAT YOU HAVE EXPERIENCED IN THE LAST 12 MONTHS.

✓	General
<input type="checkbox"/>	weight loss _____ lbs
<input type="checkbox"/>	weight gain _____ lbs
<input type="checkbox"/>	fever
<input type="checkbox"/>	night sweats
<input type="checkbox"/>	fatigue

✓	Eyes
<input type="checkbox"/>	pain
<input type="checkbox"/>	redness
<input type="checkbox"/>	dryness
<input type="checkbox"/>	recent vision change

✓	Ear / Nose
<input type="checkbox"/>	Mouth / Throat
<input type="checkbox"/>	hearing loss
<input type="checkbox"/>	nosebleed
<input type="checkbox"/>	hoarse voice
<input type="checkbox"/>	dry mouth
<input type="checkbox"/>	mouth sores
<input type="checkbox"/>	trouble swallowing

✓	Lungs
<input type="checkbox"/>	shortness of breath
<input type="checkbox"/>	trouble breathing at night
<input type="checkbox"/>	dry cough
<input type="checkbox"/>	cough with sputum

✓	Heart
<input type="checkbox"/>	chest pain
<input type="checkbox"/>	leg swelling
<input type="checkbox"/>	palpitations

✓	Stomach/Intestines
<input type="checkbox"/>	nausea
<input type="checkbox"/>	vomiting
<input type="checkbox"/>	heartburn
<input type="checkbox"/>	constipation
<input type="checkbox"/>	loose stools
<input type="checkbox"/>	watery diarrhea
<input type="checkbox"/>	blood in stools
<input type="checkbox"/>	black stools

✓	Kidney / Urine / Bladder
<input type="checkbox"/>	painful urination
<input type="checkbox"/>	difficulty urinating
<input type="checkbox"/>	frequent urination
<input type="checkbox"/>	blood in urine
<input type="checkbox"/>	vaginal dryness
<input type="checkbox"/>	genital ulcers/rash

✓	Blood
<input type="checkbox"/>	anemia
<input type="checkbox"/>	easy bleeding
<input type="checkbox"/>	previous blood clots

✓	Nervous System
<input type="checkbox"/>	headaches
<input type="checkbox"/>	numbness/tingling in hands/feet
<input type="checkbox"/>	walking difficulty

✓	Skin
<input type="checkbox"/>	rash
<input type="checkbox"/>	nodules/bumps
<input type="checkbox"/>	purplish/white color changes on tips of fingers
<input type="checkbox"/>	redness with brief exposure to sun
<input type="checkbox"/>	hair loss: ___years ___months

✓	Psychiatric
<input type="checkbox"/>	depression; medications used: _____
<input type="checkbox"/>	anxiety/nervousness
<input type="checkbox"/>	sleep problems

✓	For Women Only
<input type="checkbox"/>	age when periods began: _____
<input type="checkbox"/>	regular period, every _____ days
<input type="checkbox"/>	irregular period, every _____ days
<input type="checkbox"/>	# of pregnancies _____
<input type="checkbox"/>	# of miscarriages _____
<input type="checkbox"/>	menopause at age _____
<input type="checkbox"/>	Contraception: none IUD birth control pills tubal ligation other _____

PREVIOUS TREATMENT / INJECTIONS FOR PAIN			
Previous Joint Injections	Joint _____ month-year _____		
	Joint _____ month-year _____	Joint _____ month-year _____	
	Joint _____ month-year _____	Joint _____ month-year _____	
Previous Epidural Injections	cervical month-year _____	lumbar month-year _____	
Previous Physical Therapy	acupuncture	massage therapy	other alternative treatment _____

MEDICATION ALLERGIES	Medication	Reaction
If you have no medication allergies, please check here:		

PAST MEDICAL HISTORY – Please mark the conditions that you have.

<input type="checkbox"/>	Osteoarthritis	<input type="checkbox"/>	Psoriasis/psoriatic arthritis	<input type="checkbox"/>	Hepatitis	<input type="checkbox"/>	Kidney disease
<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Rheumatoid arthritis	<input type="checkbox"/>	Gout	<input type="checkbox"/>	Anemia
<input type="checkbox"/>	Heart problems	<input type="checkbox"/>	High blood pressure	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	High cholesterol
<input type="checkbox"/>	Lupus or "SLE"	<input type="checkbox"/>	Cancer (type) _____	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	Hypothyroidism
<input type="checkbox"/>	Osteoporosis	<input type="checkbox"/>	Stomach or peptic ulcer	<input type="checkbox"/>	Cataracts	<input type="checkbox"/>	Positive PPD

OTHER SIGNIFICANT ILLNESSES: _____

PAST SURGICAL HISTORY – Please mark the surgeries that you have had.

<input type="checkbox"/>	Appendectomy	<input type="checkbox"/>	Oophorectomy (ovaries removed: left right both)
<input type="checkbox"/>	Nasal septum surgery	<input type="checkbox"/>	Cesarean section (no. of times _____)
<input type="checkbox"/>	Pacemaker implantation	<input type="checkbox"/>	Breast lumpectomy (left right both)
<input type="checkbox"/>	Spinal epidural injections	<input type="checkbox"/>	Mastectomy (left right both)
<input type="checkbox"/>	Vasectomy	<input type="checkbox"/>	Surgery for bone fractures (bones: _____)
<input type="checkbox"/>	Colonoscopy (year _____)	<input type="checkbox"/>	Carpal tunnel release surgery (left right both)
<input type="checkbox"/>	Gastric bypass surgery	<input type="checkbox"/>	Knee replacement (left right both)
<input type="checkbox"/>	Hysterectomy	<input type="checkbox"/>	Hip replacement (left right both)
<input type="checkbox"/>	Veins stripped	<input type="checkbox"/>	Cholecystectomy (gall bladder removal)
<input type="checkbox"/>	Sinus surgery	<input type="checkbox"/>	Knee arthroscopic surgery (left right both)
<input type="checkbox"/>	D & C	<input type="checkbox"/>	Shoulder rotator cuff surgery (left right both)
<input type="checkbox"/>	Thyroid removed	<input type="checkbox"/>	Coronary artery bypass surgery or coronary artery stent
<input type="checkbox"/>	Tonsillectomy	<input type="checkbox"/>	Ear PE (pressure equalizer) tubes
<input type="checkbox"/>	Nose surgery (rhinoplasty)	<input type="checkbox"/>	Tummy tuck (abdominoplasty)

OTHER SURGERIES: _____

FAMILY HISTORY

Condition now or in the past	MOTHER	FATHER	BROTHERS	SISTERS	DAUGHTERS	SONS
Arthritis (indicate type to right)						
Cancer (indicate type to right)						
Diabetes						
Gout						
Heart disease						
High blood pressure						
Kidney disease						
Lung disease						
Lupus						
Psoriasis						
Tuberculosis						
Living						
Dead						
Other _____						

PERSONAL HISTORY

Marital Status

Never married
 Married
 Separated
 Divorced
 Widowed
 Partnered/significant other

Number of Children Are you currently employed? Yes No If yes, job title: _____

If not employed, are you: Retired Disabled On sick leave?

HEALTH HABITS

<input type="checkbox"/>	Never smoked
<input type="checkbox"/>	Former smoker: year when you quit _____
<input type="checkbox"/>	Currently daily smoker: average number of cigarettes per day _____
<input type="checkbox"/>	Currently smoker on some days: average number of cigarettes per week _____

If you are a past or current smoker, approximately how many years have you smoked? _____

Which products do you use? Check all that apply: Cigarettes Cigars Pipe tobacco

Do you use nicotine gum or nicotine patches? No Yes

Do you drink alcohol? No Yes, please select: beer wine hard liquor How much? _____

Do you currently or have you use drugs recreationally? No Yes, please list: _____

Have you used IV drugs recreationally? No Yes, please list: _____

CURRENT MEDICATIONS

Prescription Medications	Dosage or Strength Examples: 500 mg, 25 mg/mL, etc.	Route Examples: by mouth, patch, injection, etc.	Frequency (How often you take medication) Examples: twice a day, every 2 hours, etc.

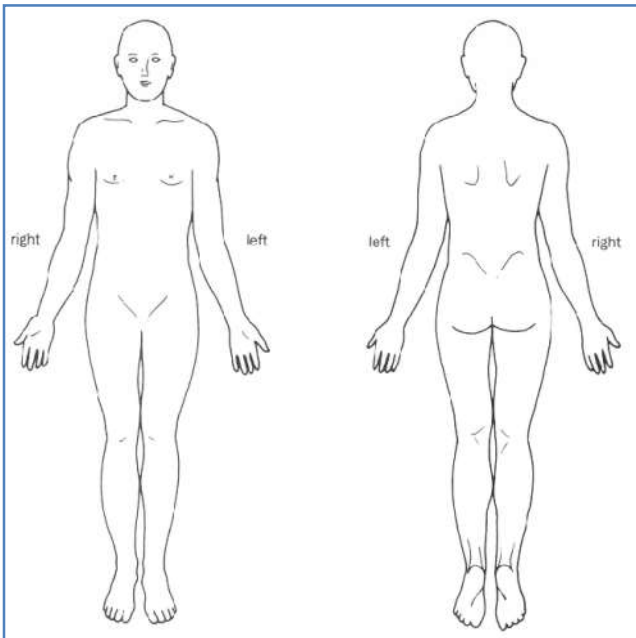
OTHER MEDICAL CARE: Please list your primary care physician and any specialists that you are seeing.

Name of Physician	Specialty	City
	Primary Care	

PLEASE SELECT ANY MEDICATIONS USED				
Acetaminophen	Mobic	Cymbalta	Baclofen	Dilaudid
Aleve	Motrin	Effexor / Venlafaxine	Carisoprodol / Soma	Hydrocodone / Norco / Vicodin
Aspirin	Naproxen	Gabapentin	Flexeril / Cyclobenzaprine	Morphine / Fentanyl patches
Diclofenac	Tylenol	Lyrica	Methocarbamol / Robaxin	Oxycodone / Percocet
Ibuprofen	Voltraren	Savella	Tizanidine / Zanaflex	Tylenol with codeine
Meloxicam		Tramadol		
Arava / Leflunomide		Imuran / Azathioprine	Rituxan / Rituximab	
Cellcept / Mycophenolate		Methotrexate	Self-injectables	no yes: _____
Cytosan		Plaquenil / Hydroxychloroquine	Infusion	no yes: _____
Other _____				

***** IF NO JOINT PAIN, SKIP THIS SECTION *****

Inform your specialist of the areas of JOINT PAIN that you have, using the diagram as reference.



PAIN HISTORY: PLEASE SELECT ANY APPLICABLE CONDITIONS AND FILL ANY APPLICABLE FIELDS	
Pain began	___ years ___ months ___ weeks
Quality of Pain	dull ache sharp shooting burning throbbing crushing
Pain travels?	no yes travels to _____
Pain Frequency	constant intermittent
Joint swelling	no yes
Mark on the line the AVERAGE level of your pain in the past week:	
<div style="text-align: center;"> </div>	

Joint stiffness	none all day morning only lasting ___ mins. or ___ hrs.		
Other things that come with pain	fatigue nausea other _____		
Muscle weakness	all over	arms: left right both	legs: left right both
What makes the pain worse?	activity food stress weather changes humidity other _____		
What makes the pain better?	activity medications nothing heat/massage other _____		