



Inside this issue

Medical staff appointments	2
Celebrating milestones	2
ID badge	2
CME corner	3
From the Health Science Library	4
From the Clinical Documentation Specialists	5
HH Shines a light on lung cancer	6
From the Medication Therapy Management Clinic	7/8
Fall food & wine festival	8
Outstanding achievements in 2016	9
Medical staff meeting calendar	10
CME calendar	11

*From the president*

## Hello, Huntington Hospital



Christopher Hedley, MD | Medical Staff

**Talking about myself goes against every tenet of a classic English upbringing here in Southern California, but as your Medical Staff President, I am obliged to share a few things about myself.** Both of my parents were born in Northern England. My father was a decorated bomber pilot in the Royal Air Force during World War II prior to emigrating here with my mother, but you would not have known. He never talked about himself and always maintained that actions speak louder than words. Hence, you won't hear me waxing philosophically about myself in this space. I will stick with more practical matters.

I am an interventional radiologist and have practiced at Huntington Hospital for more than 25 years. When we are residents and fellows, we live a kind of nomadic life, working here and there to make ends meet, so arriving at Huntington Hospital in 1990 felt very much like getting to the Promised Land. It was and continues to be a source of great, enduring pride for me. I take pride in the quality of physicians, nurses, and ancillary staff I work with; I take pride in the quality of the medicine that is practiced in our hospital. I am proud to come to work here every day, and I would put us up against any academic institution.

**“Only the guy who isn't rowing has time to rock the boat.”**

- Jean Paul Sartre

*continued on page 3*

**Board meeting.** As provided by the Bylaws of the Governing Body and as the designated sub-committee of the Governing Board the following items were presented and approved by the Medical Executive Committee on December 5, 2016.



# Medical staff appointments



**Dahi, Nabil S., MD**  
**Surgery**

San Dimas Pain Management  
125 East Wheeler Avenue  
Suite C  
Arcadia, CA 91006  
P (626) 294-4866  
F (626) 294-4872



**Liburd, Nikki A., MD**  
**Obstetrics & Gynecology**

Telephone: (800) 967-2289  
Fax: (855) 814-0638



**Di Stefano, Luigi, MD**  
**Emergency Medicine**

Emergency Department  
100 West California Boulevard  
Pasadena, CA 91105  
Telephone: (626) 397-5111  
Fax: (626) 397-2981



**Philip, Rajiv T., MD**  
**Pulmonary**

301 W. Huntington Drive  
Suite 307  
Arcadia, CA 91007



**Spyres, Meghan, MD**  
**Emergency Medicine**

1200 N State Street, RM 1011  
Los Angeles, CA 90033



**Ghodsi, Pari M., MD**  
**Obstetrics & Gynecology**

Telephone: 800 967-2289  
Fax: (855) 814-0638



**Tilem, Claire, MD**  
**Internal Medicine**

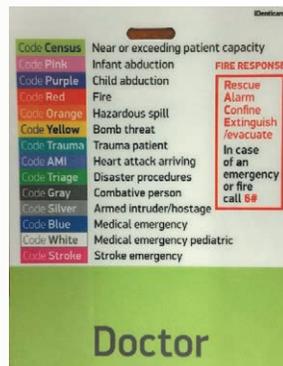
65 N. Madison Avenue  
Suite 800  
Pasadena, CA 91101

## Administrative reports

Please go to SharePoint → Medical Staff Services → Board Approved Items → 2016 and select December 2016:

## Doctor new ID badge

All Medical Staff should have a new ID badge with Huntington's updated logo and the green badge buddy that says Doctor. Please go to Security (1st floor Valentine entrance) to get yours if you haven't received it.



## Celebrating milestones

The following physicians hit a service milestone in the month of January. The medical staff would like to recognize the following physicians for their **service and dedication** to Huntington Hospital.

**40 Years (on staff 01/1977)**  
**Kumar, Nirmal, MD**  
Nephrology

**20 Years (on staff 01/1997)**  
**Miller, Michael P., MD**  
Ophthalmology

---

## President Message CONTINUED

### CME *corner*

#### Second Monday

TOPIC	<b>Antimicrobial Stewardship</b>
SPEAKER	Pamela Ny, PharmD
DATE	January 9, 2017
TIME	12 – 1 p.m.
PLACE	Research Conference Hall
AUDIENCE	Dermatology, Internal Medicine, & Primary Care Physicians
METHOD	Lecture
CREDITS	1.0 AMA PRA Category 1 Credits™

If you would like a copy of your CME credit report please contact Gladys Bonas via email at [Gladys.Bonas@huntingtonhospital.com](mailto:Gladys.Bonas@huntingtonhospital.com)

It is easy to feel put upon with the many directives that are coming at us from various sources. Two months ago, we received the final details about a new formula to pay physicians in 2017. Just a week later, a new Republican president and a Republican majority in Congress were voted into office, throwing into question the future of the Affordable Care Act that has driven so much change over the past eight years—some positive and some that can only be described as irritating to those of us who work in health care.

The job of politicians and health policy is to meet the needs of all patients; ours is to serve the needs of our patients. No matter which way the political winds blow, we will achieve our common goals with far less strife if all of us row in the same direction. To this end, I will work diligently to be your voice in discourse with the administration regarding our common interest in doing what is best for our patients.

We physicians have many masters, and many responsibilities. Beyond my patients, I answer to the 23 excellent radiologists of my private practice—for which I serve as president—and the staff of our radiology department, where I am Medical Director. To rebalance and decompress, I can be found in the Santa Monica Mountains, taking two-to-three-hour bike rides in the canyons and along the ridges off Mulholland Drive. If that doesn't happen during the course of the weekend, my wife, my 18-year-old son, and my 16-year-old daughter know to avoid me.

If you see me riding in the canyons, please don't honk; but, if we are passing in the hall and haven't met, I hope you will introduce yourself. Through greater communication between physicians, administration, nurses, and ancillary staff, perhaps we can find new ways to improve the patient experience at Huntington Hospital and even reach beyond the walls of the hospital to improve the health of our community.

**If you would like to submit an article to be published in the Medical Staff Newsletter** please contact Gladys Bonas, (626) 397-3770 or [Gladys.bonas@huntingtonhospital.com](mailto:Gladys.bonas@huntingtonhospital.com).

***Articles must be submitted no later than the first Friday of every month.***



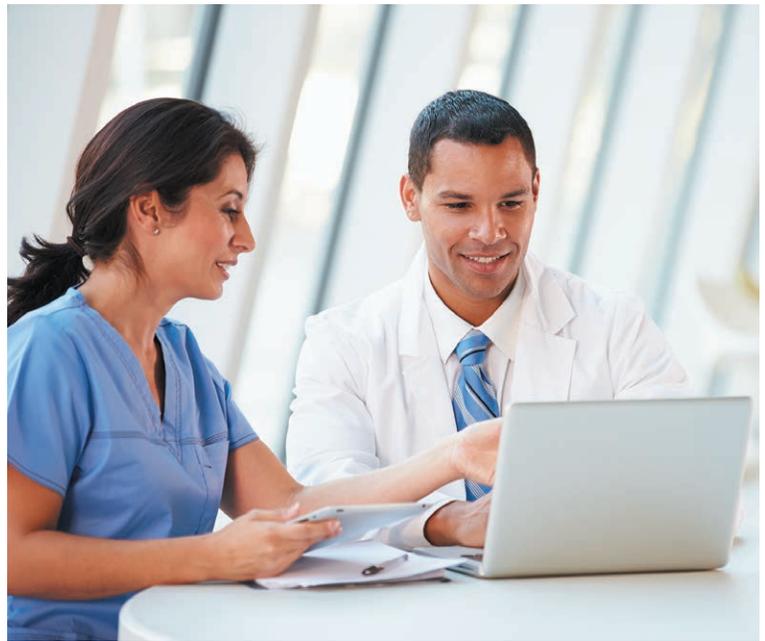
---

From the

# Health Science Library

## Four Library Services That Make Life Easier

Happy 2017! Here are four library services to put on your New Year's Resolutions To Do Check List so that you can enjoy them all year round!



**#1** Set Up an **OpenAthens/MyAthens** Account – Logging in to the library’s MyAthens website allows you to access point-of-care resources such as UpToDate and Micromedex, and the library’s full-text electronic journal and ebook subscriptions from off-site with a single username and password. It will also give you access to the next two services...

**#2** Set Up **BrowZine** on Your Desktop and Mobile Device – BrowZine is a new service that lets you browse, read and monitor the library’s journal collections on a desktop computer or mobile device (it automatically syncs any changes between platforms.) BrowZine is an excellent way to keep current with your favorite clinical journals. Go to <http://browzine.com/libraries/1134/> from a desktop computer to get started. First, create a BrowZine Account by clicking on “My Bookshelf” at the top. Second, you will need an OpenAthens login before you’ll be able to access the full text or use the app on a mobile device. If you already have an OpenAthens account, you can access BrowZine from within OpenAthens or set it up on your mobile device by downloading the BrowZine app. The first time you use the app you will select “Huntington Hospital” as your library and be prompted to enter your newly created MyBookshelf Account and your OpenAthens account.

**#3** Learn how to download **BLS/ACLS/PALS ebooks** for renewal of CPR certification – You can now download these AHA provider manuals to your mobile device for use in BLS, ACLS & PALS courses. Manuals can be downloaded for a pre-class study up to 10 days ahead of the class. Bring your device with you to class to verify with the instructor that the manual and quick reference cards are downloaded. It would also be good to verify with the company you are taking the course from that the electronic books are accepted by their instructors. At the very least, download a copy to your mobile to take with you for on-the-go studying before your class.

**#4** Use the library’s **Document Delivery** service to obtain full text articles you need for patient care, research or presentations. This is a free service for all Huntington Hospital Medical Staff. Turnaround time for articles is generally 2 business days but can be longer depending on the lending library. The library will also order articles designated as “Rush” (1 business day) or “Urgent Patient Care” (same day) upon request through our network of libraries. Create a contact for the library ([library@huntingtonhospital.com](mailto:library@huntingtonhospital.com), (626) 397-5161) so that you can quickly contact us for Document Delivery or other requests.

Contact the library for more information about or any technical issues with these services or to be set up with an OpenAthens account for off-site access.

From the

# Clinical Documentation Specialists

## Malnutrition Matters! Be sure to document it in your progress notes!

**Did you know that 1 out of 3 patients who enter the hospital is malnourished and even more become malnourished during their stay?** In an effort to improve the care we deliver to our malnourished patients, our Registered Dietitians are available to assess our patients.

However, malnutrition cannot be coded from a dietician note. It must be **documented by the physician** treating the patient. Remember, documenting low BMI, anorexia, cachexia, etc. do not get coded as malnutrition and do not change the severity of illness or risk of mortality that is captured and reported.

Proper documentation:

- **Moderate protein-calorie malnutrition**
- **Severe protein-calorie malnutrition**

Malnutrition increases cost, length of stay, resource utilization, and unfavorable outcomes.



Clinical research found that malnourished patients:

- **are 2 times more likely to develop a pressure ulcer**
- **have 3 times the rate of infection**

Malnutrition is an acute, subacute, or chronic state of nutrition in which a combination of varying degrees of overnutrition or undernutrition with or without inflammatory activity have led to a change in body composition and **diminished function**.

The ASPEN and WHO Criteria are used in assessing malnutrition. The identification of **2 or more of the following 6 characteristics** in the respective column will qualify for a diagnosis of **moderate or severe protein-calorie malnutrition**. This evaluation is done by our dietitians when they see your patients.

	Moderate Protein-Calorie Malnutrition	Severe Protein-Calorie Malnutrition
Evidence of Inadequate Energy Intake	< 7 days with < 75% usual intake > 1 month with < 75% usual intake > 3 months with < 75% usual intake	> 5 days with < 50% usual intake > 1 month with < 50% usual intake > 3 months with < 50% usual intake
Unintentional Weight Loss	2% change in 1 week 5% change in 1 month 7.5% change in 3 months 10% change in 6 months 20% change in 1 year	2% change in 1 week > 5% change in 1 month > 7.5% change in 3 months > 10% change in 6 months > 20% change in 1 year
Loss of Subcutaneous Fat	Moderate	Severe
Loss of Muscle Mass	Moderate	Severe
Localized or General Fluid Accumulation	2+	3+ to 4+
Decreased Functional Strength	Reduced functional capacity	Significantly diminished functional capacity or bedridden

# Huntington Hospital Shines a Light on Lung Cancer



**O**n Sunday, November 13, Huntington Hospital hosted a lighting ceremony as part of a national campaign to raise awareness for lung cancer. The ceremony was attended by 100 lung cancer patients and family members as well as hospital administration, staff and physicians from Huntington Hospital’s lung cancer program. The event included remarks by Robbin Cohen, MD, medical director, thoracic oncology, as well as comments from Kimberly Shriner, MD, who paid tribute to a friend and colleague.

“Dealing with lung cancer is about hope and trust,” said Dr. Cohen. “Compassion, skill and collaboration is what makes our program special.”

The program also included remarks from Christine Conti, RN, nurse navigator, Huntington Hospital lung cancer program, and Huntington Hospital employee Lee Anne Robinson, who shared her inspiring, brave and hopeful experience of becoming a patient at her own hospital and being cared for by her colleagues. Conti then led the group in lighting candles to honor lung cancer patients and their families.

Huntington Hospital’s lung cancer program is recognized as one of the largest and most comprehensive programs of its kind in the Los Angeles area. Other members of Huntington Hospital’s thoracic oncology program that attended Sunday’s event included Michael Gurevitch, MD; Paul McFadden, MD; Mark McNamara, MD; Jorge Nieva, MD and Ruth Williamson, MD.



*From the*

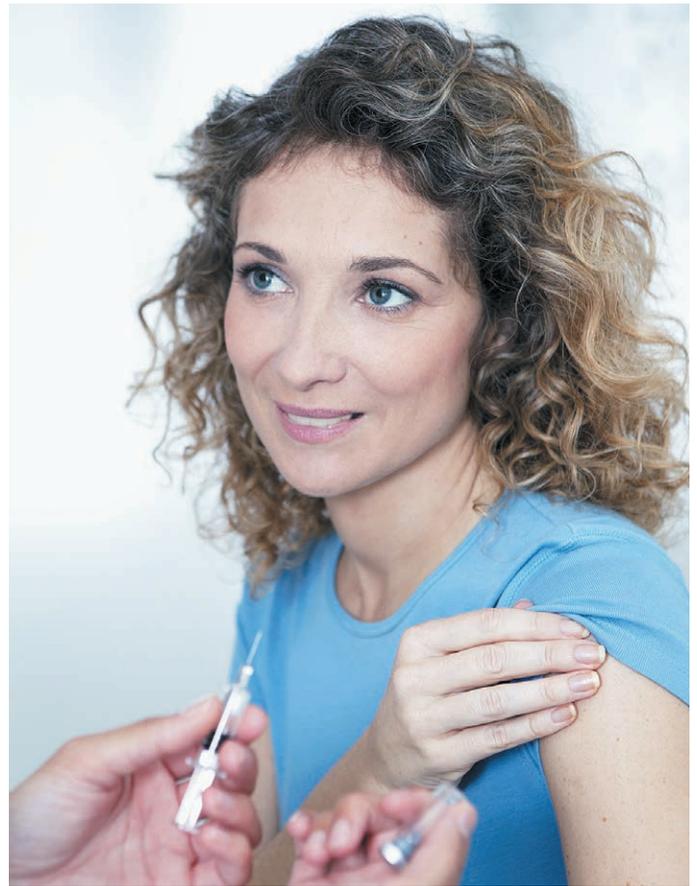
# Medication Therapy Management Clinic

**Providing outpatient services for patients on chronic medications**

**T**he Medication Therapy Management (MTM) Clinic, previously named the Anticoagulation “Coumadin” Clinic, is an outpatient service located on the 2nd floor of the Wingate Building. The pharmacists at the clinic have been managing patients’ anticoagulation therapy since 1999. In the past few years, the clinical pharmacists have expanded their roles to provide drug therapy management in other areas. Currently, the clinic provides heart failure therapy management, insulin therapy optimization, immunizations, transitional care medication assessment after hospital discharge and most recently, medication history collection in the emergency department.

Anticoagulation therapy management includes education to all patients regarding their anticoagulation therapy, including medications such as warfarin, enoxaparin (Lovenox®), dabigatran (Pradaxa®), rivaroxaban (Xarelto®), apixaban (Eliquis®) and edoxaban (Savaysa®). The clinic monitors warfarin therapy with convenient in-office appointments using a point-of-care blood testing device which only requires a finger-stick for instantaneous PT/INR results. Warfarin dose adjustment is performed during the clinic visit by experienced pharmacists who also screen for drug, food, and disease interactions.

The Heart Failure Therapy Management service provides education on heart failure including disease process, symptoms, causes of heart failure exacerbations, and medications used to treat the condition. The pharmacists assist the physician in managing medications by titrating heart failure medications to guideline-recommended target doses and assessing the patient for side effects and tolerability to their medications. Patients’ weight, blood pressure,



and symptoms of heart failure are monitored at every visit. The clinic staff works closely with physicians to help manage a patient’s heart failure condition in order to prevent exacerbations and hospital admissions.

The Insulin Therapy Optimization service helps educate patients regarding their insulin therapy and other pharmacotherapy related to diabetes. Frequent clinician-patient contact allows for close monitoring and insulin doses are adjusted according to a patient’s self-monitoring blood glucose levels. The clinic’s goals are to improve adherence to insulin therapy and reduce the risk of complications related to diabetes.

Immunizations are now being offered for influenza, pneumococcal, and herpes zoster (shingles) to adults for whom the vaccine is indicated. No referral is required.

The Transitional Care Medication Assessment Program (TCMAP) provides comprehensive education to patients at high risk for hospital readmission through medication education and assessment within 1-2 weeks after hospital discharge. The pharmacists screen all medications (prescription, non-prescription, and herbal) for potential interactions and help resolve any medication discrepancies and/or drug-related problems. The clinic can assist in

*continued on page 8*

---

## From the Medication Therapy Management Clinic *continued*

providing cost-effective solutions to a patient's drug therapy regimen and ensure the patient has a follow-up appointment with their primary care physician/specialist. Goals of the clinic include optimizing medication adherence, preventing emergency room visits and hospital readmissions, and providing continuation of care from the hospital to outpatient encounters with the patient's physician. An enrollment form can be completed by any health care provider (physician, nurse, discharge planner, or inpatient pharmacist). Patients interested in medication review and education can self-enroll by completing the form as well.

The pilot program for medication history collection by pharmacy began in June with pharmacy technicians taking medication history from patients who will be admitted to the hospital from the emergency department. The medication lists entered in Cerner are then verified by pharmacists from the MTM clinic. Currently the program is limited to certain hours during the week but future expansion will occur in 2017.

Physicians can find referral forms on the hospital external web site at [www.huntingtonhospital.com](http://www.huntingtonhospital.com) and on sharepoint through the hospital intranet under Pharmacy Services. For more information, call (626) 397-5559.

---

## Huntington Hospital hosts 2016 Fall Food & Wine Festival at Parkway Grill and Arroyo Chop House

**On October 30, Huntington Hospital hosted its annual Fall Food & Wine Festival on the festive grounds between the Parkway Grill and the Arroyo Chop House in Pasadena.**

Guests enjoyed gourmet food, fine wines and live music, with proceeds from the event benefiting the Nan and Howard Schow Emergency & Trauma Center at Huntington Hospital, the only trauma center in the San Gabriel Valley.

Thank you to Gregg and Bob Smith, co-owners of the Parkway Grill and the Arroyo Chop House, for their many years of partnership hosting this annual fundraising event!



# Outstanding achievements in 2016

To our incredible team of nurses, physicians, employees and volunteers, we thank you for your effort and dedication to providing compassionate community care to every patient.

We look forward to a successful 2017!



Medical staff meetings

# Calendar

JANUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2</u>	<u>3</u>	<u>4</u> 8 a.m. QM Pre-Agenda CRC Noon CME Committee CR-8 12:15 p.m. OB/GYN Peer WT 5/6	<u>5</u> Noon Medicine Committee N/S Noon Trauma Services WT 5/6	<u>6</u> 7 a.m. Ortho Sect WT 5/6
<u>9</u> 12:15 p.m. OB/GYN Dept CR 5&6 Noon TransfusionSubComm N/S 12:30 p.m. Ophthalmology Sect WT8 5:30 p.m. MEC Board Room	<u>10</u> Noon Critical Care Sect CR 5&6	<u>11</u> 12:15 p.m. OB/GYN Dept CR 5&6	<u>12</u> Noon QM Committee East Room	<u>13</u> 7:30 a.m. Neurosurg Sect CR 11
<u>16</u> 8 a.m. Emergency Medicine Section ED Conf. Room	<u>17</u> 5:30 p.m. Surgery Committee CR 5/6	<u>18</u> 7:30 a.m. Cardiology Sec Peer Cardio Conf. Room 12:15 p.m. Credentials Committee CR C	<u>19</u> 6:30 a.m. Anest Sec/Peer CR-7 Noon PT&D Committee CR 5/6 6 p.m. Bioethics CR 5/6	<u>20</u> 7:30 a.m. Spine Committee ET 11
<u>23</u> Noon Psychiatry Sec CR10 12:15 p.m. Urology Sect CR 5/6	<u>24</u> 7:30 a.m. Interdisciplinary Comm CR C Noon General Surgery Section WT 5/6 5 p.m. Robotic Committee WT 5/6	<u>25</u> 12:15 p.m. Hem/Onc Sect CR 5&6	<u>26</u> Noon Cancer Committee WT 5/6 Noon Pediatic Committee East Noon IM Peer Review CR 5&6	<u>27</u>
<u>30</u>	<u>31</u>			

# Calendar

JANUARY 2017

MONDAY	2	9	16	23	30
		<b>OB/GYN Dept. Mtg</b> 12:15 - 1:15 p.m. CR 5 @ 6 <b>Second Monday, RSH</b> 12 - 12:15 p.m. CR 5 @ 6 Topic: Antimicrobial Stewardship			
TUESDAY	3	10	17	24	31
	<b>MKSAP</b> 7:30 - 8:30 a.m. Wingate Doctors' Lounge <b>General MDisc Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11 <b>HMRI Lecture Series</b> 4 - 5 p.m., RSH	<b>MKSAP</b> 7:30 - 8:30 a.m. Wingate Doctors' Lounge <b>General MDisc Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11 <b>HMRI Lecture Series</b> 4 - 5 p.m., RSH	<b>MKSAP</b> 7:30 - 8:30 a.m. Wingate Doctors' Lounge <b>General MDisc Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11 <b>HMRI Lecture Series</b> 4 - 5 p.m., RSH	<b>MKSAP</b> 7:30 - 8:30 a.m. Wingate Doctors' Lounge <b>General MDisc Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11 <b>HMRI Lecture Series</b> 4 - 5 p.m., RSH	<b>MKSAP</b> 7:30 - 8:30 a.m. Wingate Doctors' Lounge <b>General MDisc Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11 <b>HMRI Lecture Series</b> 4 - 5 p.m., RSH
WEDNESDAY	4	11	18	25	
	<b>Genitourinary Cancer</b> 12 - 1 p.m. Conf. Room 11 <b>Radiology Teaching Files</b> 12 - 1 p.m. MRI Conf. Room	<b>Radiology Teaching Files</b> 12 - 1 p.m. MRI Conf. Room	<b>Genitourinary Cancer</b> 12 - 1 p.m. Conf. Room 11 <b>Radiology Teaching Files</b> 12 - 1 p.m. MRI Conf. Room	<b>Cardiac Cath Conf.,</b> 7:30 - 8:30 p.m. Cardiology Conference Room <b>Radiology Teaching Files</b> 12 - 1 p.m. MRI Conf. Room	
THURSDAY	5	12	19	26	
	<b>Trauma Walk</b> 7 - 8 a.m. Conf. Room B <b>Trauma M@M</b> 8 - 9 a.m. Conf. Room B <b>Thoracic Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11	<b>Surgery M@M</b> 8 - 9 a.m. Conf. Room B	<b>Trauma Walk</b> 7 - 8 a.m. Conf. Room B <b>Surgery M@M</b> 8 - 9 a.m. Conf. Room B <b>Thoracic Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11	<b>Surgery M@M</b> 8 - 9 a.m. Conf. Room B	
FRIDAY	6	13	20	27	
	<b>Neurosurgery Grand Rounds</b> 7:30 - 9 a.m. Conf. Room 11 <b>Medical Case Conference</b> 12 - 1 p.m. RSH <b>MDisc Breast Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11	<b>Neurosurgery M@M</b> 7:30 - 9 a.m. Conf. Room 11 <b>Medical Case Conference</b> 12 - 1 p.m. RSH <b>MDisc Breast Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11	<b>Neurosurgery Grand Rounds</b> 7:30 - 9 a.m. Conf. Room 11 <b>Medical Case Conference</b> 12 - 1 p.m. RSH <b>MDisc Breast Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11	<b>Neurosurgery Grand Rounds</b> 7:30 - 9 a.m. Conf. Room 11 <b>Medical Case Conference</b> 12 - 1 p.m. RSH <b>MDisc Breast Cancer Conf.</b> 12 - 1 p.m. Conf. Room 11	



Medical Staff Administration  
 100 W California Boulevard  
 P.O. Box 7013  
 Pasadena, CA 91109-7013

ADDRESS SERVICE REQUESTED

### Medical Staff Leadership

- Christopher Hedley, MD | President
- Harry Bowles, MD | President Elect
- Laura Sirott, MD | Secretary/Treasurer
- Madhu Anvekar, MD | Chair, Credentials Committee
- David Lourie, MD | Chair, Quality Management Committee
- Syeda Ali, MD | Chair, Medicine Department
- Kathy Walker, MD | Chair, OB/GYN Department
- John Rodarte, MD | Chair, Pediatrics Department
- Howard Kaufman, MD | Chair, Surgery Department

Glenn D. Littenberg, MD | Newsletter Editor-in-Chief



U.S. News & World Report ranks Huntington Hospital

**#4** in Los Angeles **#9** in California

National rankings in three specialties:

### Recognized as Best Regional Hospital/Los Angeles in 13 types of care!

**“High Performing” in six adult specialties:** Diabetes & Endocrinology, Gastroenterology & GI Surgery, Nephrology, Orthopedics, Pulmonology, Urology

**“High Performing” in seven common adult procedures and conditions:** Abdominal Aortic Aneurysm Repair, Heart Failure, Colon Cancer Surgery, Chronic Obstructive Pulmonary Disease (COPD), Hip Replacement, Knee Replacement, Lung Cancer Surgery