

Family Health History

| Relative | Age | Significant Health Problems | Relative | | Age | Significant Health Problems |
|------------------------|-----|-----------------------------|-----------|---|-----|-----------------------------|
| Father: | | | Children: | <input type="checkbox"/> M <input type="checkbox"/> F | | |
| Mother: | | | | <input type="checkbox"/> M <input type="checkbox"/> F | | |
| Brother(s)/ Sister(s): | | | | <input type="checkbox"/> M <input type="checkbox"/> F | | |
| | | | | <input type="checkbox"/> M <input type="checkbox"/> F | | |
| | | | Other: | | | |
| | | | Other: | | | |

Immunization History

Please list below the most recent dates of your vaccines

| | | | | | |
|------------------------|--|-------------|---------------------|--|-------------|
| Tetanus booster (Tdap) | <input type="checkbox"/> NO <input type="checkbox"/> YES | Date: _____ | Influenza/Flu | <input type="checkbox"/> NO <input type="checkbox"/> YES | Date: _____ |
| Pneumonia (Pneumovax) | <input type="checkbox"/> NO <input type="checkbox"/> YES | Date: _____ | Shingles (Zostavax) | <input type="checkbox"/> NO <input type="checkbox"/> YES | Date: _____ |
| Other: _____ | | Date: _____ | Other: _____ | | Date: _____ |

Health Maintenance Screening

Please list below the most recent dates of your health screening tests

| Test | Month/Year | Result | Test | Month/Year | Result |
|--|------------|---|-------------------------|------------|---|
| Mammogram | | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | Colonoscopy /Stool Test | | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal |
| Pap Smear | | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | Prostate/PSA | | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal |
| Last Menstrual Period Date: ____/____/____ | | | | | |

Social History

| | |
|---|--|
| Occupation: _____ | Current Employment: _____ |
| Do you have children? <input type="checkbox"/> NO <input type="checkbox"/> YES | How many? _____ Female(s) _____ Male(s) _____ |
| Tobacco smoke or chew tobacco? <input type="checkbox"/> NO <input type="checkbox"/> YES | # packs per day ____ Former Smoker # years smoked ____ Quit Date: ____ |
| Do you drink alcohol? <input type="checkbox"/> NO <input type="checkbox"/> YES | Type: ____ How often: ____ # of drinks per day ____ |
| Do you currently use recreational drugs? <input type="checkbox"/> NO <input type="checkbox"/> YES | Type: ____ How Often: ____ What kind? |
| Do you consume caffeine? <input type="checkbox"/> NO <input type="checkbox"/> YES | Type: ____ # of drinks per day ____ |
| Do you exercise 3 or more days a week? <input type="checkbox"/> NO <input type="checkbox"/> YES | Type: ____ |

Specialty Services

Are you currently seeing any other doctors?

| Doctor Name | Type of Doctor | Last Seen | Problem |
|-------------|----------------|-----------|---------|
| | | | |
| | | | |
| | | | |

Medical Forms

Please check any of the following forms you have completed:

- Advance Directive for Health Care
- Durable Power of Attorney (DPA) for healthcare decisions
- Living Will
- POLST (Physician Orders for Life Sustaining Therapy)
- Know about these or have the forms but have not completed them
- Don't know what these are

Anything else we should know?

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Thank You for taking the time to complete this form.