

What to bring to the hospital.

We are excited that you are coming to welcome your baby with us! When you prepare to come to the hospital, consider packing one bag of items that you will want in labor and delivery, and a second bag of items that you will want after delivery. Please leave large amounts of cash and any valuables at home.

Items you must bring:

- Insurance card, photo ID, hospital forms, birth plan (if you have one), advanced directive (if you have one), and a list of your allergies/medications.
- Properly installed infant car seat and base.
- Going home outfit for baby (and a back-up outfit).
- Going home blanket for baby.
- Going home outfit for mom (loose fitting pregnancy clothes are the best option).

Items that are nice to have:

- Cell phone and charger (for pictures and sharing the news!).
- Favorite personal toiletries (toothbrush and toothpaste, hair care products, deodorant, lip balm).
- Nursing bra.
- Nursing gown, pajamas and/or robe.
- Favorite music.
- Favorite pillow and/or breastfeeding pillow.
- For your support person: nutritious snacks, drinks and mints during labor, a change of clothes and toiletries for overnight stays.

During your stay, Huntington Hospital provides sanitary products, disposable underwear, basic toiletries, breastpump equipment if needed and meals for mom, diapers, baby care products, blankets and shirts for baby.

Please let us know how we can help you during your stay!



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