

## BE/ Lower GI

### Description

Lower GI tract radiography is also called a lower gastrointestinal. It is more commonly referred to as a BE or barium enema. The exam is an X-ray examination of the large intestine, also known as the colon.

### What does the equipment look like?



Examples of the Table, Fluoroscopic Image Intensifier, and Overhead X-ray Tube.

### Reasons for having an BE

A physician may order a lower GI examination to detect ulcers benign tumors such as polyps, cancer, and signs of other intestinal illnesses.

### How do I prepare for a BE?

Please leave your jewelry and valuables at home. Please wear comfortable to the exam. You will be asked to remove some or all of your clothes and to wear a gown during the exam. You may also be asked to remove jewelry or any metal objects or clothing that might interfere with the x-ray images.

Adults:

- 1) Clear liquid diet beginning at noon the day before exam.
- 2) Over the counter laxative to be taken the night before exam.
- 3) Nothing to eat or drink (NPO) after midnight.
- 4) Give Fleets III enema 2 hours prior to exam.
- 5) Oral contrast should be included with the Fleets III kit.

Children:

- 1) Magnesium citrate/ citrate 4-6 ounces at noon the day before exam and bedtime night before exam.
- 2) 1 adult Fleets III enema before bed and prior to appointment.
- 3) Nothing to eat or drink (NPO) after midnight.

Any questions, do not hesitate to call (626) 397-5139