**BE/ Lower GI**

**Description**
Lower GI tract radiography is also called a lower gastrointestinal. It is more commonly referred to as a BE or barium enema. The exam is an X-ray examination of the large intestine, also known as the colon.

**What does the equipment look like?**
![Examples of the Table, Fluoroscopic Image Intensifier, and Overhead X-ray Tube.](image)

**Reasons for having an BE**
A physician may order a lower GI examination to detect ulcers benign tumors such as polyps, cancer, and signs of other intestinal illnesses.

**How do I prepare for a BE?**
Please leave your jewelry and valuables at home. Please wear comfortable to the exam. You will be asked to remove some or all of your clothes and to wear a gown during the exam. You may also be asked to remove jewelry or any metal objects or clothing that might interfere with the x-ray images.

**Adults:**
1) Clear liquid diet beginning at noon the day before exam.
2) Over the counter laxative to be taken the night before exam.
3) Nothing to eat or drink (NPO) after midnight.
4) Give Fleets III enema 2 hours prior to exam.
5) Oral contrast should be included with the Fleets III kit.

**Children:**
1) Magnesium citrus/ citrate 4-6 ounces at noon the day before exam and bedtime night before exam.
2) 1 adult Fleets III enema before bed and prior to appointment.
3) Nothing to eat or drink (NPO) after midnight.

Any questions, do not hesitate to call (626) 397-5139