Our vision
To be the leader in creating community well-being through world-class health care delivered with kindness and dignity.

Our mission
To provide excellent health care and compassionate service to each person by bringing together outstanding physicians, caring nurses, professional staff and advanced technologies.

2016 by the numbers

- **29,342** Hospital admissions
- **100,829** Outpatient hospital visits
- **11,944** Surgeries performed
- **73,001** Emergency room visits
- **3,215** Babies born

On our cover: Members of our clinical team, including Kristine Verdell, RN, surgical services, and Howard Kaufman, MD, medical director, Huntington Cancer Center, are committed to providing the very best possible care.
A message from our chairman of the board, Paul L.H. Ouyang.

Dear friends

Throughout our rich 125-year history, community philanthropy has played an essential role in the provision of high-quality care at Huntington Hospital. As a result of the unwavering generosity of countless community members, our hospital stands today among the leading providers of medical care in the nation.

In the pages that follow, you will read about some of our accomplishments in the most recent year. These successes — and the resulting (and numerous) accreditations, designations and awards received by the hospital — are the outcomes of exceptional work by our physicians, nurses, therapists and other best-in-class staff and management. Our notable philanthropic partners also drive this success through their foresighted and thoughtful contributions. (We are pleased to recognize these partners beginning on page 59.)

As we reflect on the hospital’s achievements, we also celebrate the extraordinary contributions of Steve Ralph. Steve recently announced his intention to step down as Huntington Hospital’s president and chief executive officer. Over 22 years in this leadership role, he has spearheaded improvements in our care facilities, helped to bring the latest medical innovations to our region, attracted excellent care providers to work here and developed a remarkable executive team. His work will have a lasting impact.

We are currently engaged in a national search and we anticipate being able to name a new president and CEO by the end of this year or early 2018. Steve will then step down from his current role and serve as a senior advisor to his successor and the board of directors, to ensure a smooth and successful transition.

We continue to look toward the future. Huntington Hospital’s ability to provide innovative, high-quality medical care for the next 125 years depends on the continued commitment of friends like you. Please join my family in safeguarding this key community institution. Your contributions represent an investment in the future of medical care for this generation and those to come.

Sincerely,
Our board of directors and board committees.

2017 board of directors. Back row, from left: Ronald L. Havner, Jr.; Lolita Lopez; R. Scott Jenkins; Harry Bowles, MD; Helen Baatz; Deborah Williams; Stephen A. Ralph; Kathleen Good Podley; Armando L. Gonzalez; Elizabeth Graham Olson; William J. Bogaard; Sharon Arthofer; and K. Edmund Tse, MD. Front row, from left: James Shankwiler, MD; Jaynie M. Studenmund; Paul Johnson; Paul L.H. Ouyang; Christopher G. Hedley, MD; Michelle Quinones Chino; and Allen W. Mathies Jr., MD. Not pictured: Wayne Brandt; Reed Gardiner; David M. Kirchheimer; Ellen Lee; Lois S. Matthews; and Rosemary B. Simmons.
Among the very best.
Transparent success.

Huntington Hospital uses the gold standard of hospital surveys — Leapfrog Hospital Safety Grades — as one important way to measure safety and quality performance. This comprehensive survey evaluates care at more than 2,500 hospitals nationwide, and looks at outcomes across a variety of patient conditions, in areas that are relevant to our own quality goals. It provides clear information that will help guide future investments in ongoing quality improvement.

Leapfrog Hospital Safety Grades assigns A, B, C, D and F letter grades to hospitals nationwide. In 2016, we were one of 844 hospitals to receive an “A” ranking. “We’re committed to ongoing quality improvement,” says Paula Verrette, MD, senior vice president, quality and physician services, and chief medical officer. “Receiving the highest possible grade from Leapfrog indicates that we’re among the best and safest hospitals in the United States.

Top performance.

Various organizations in addition to Leapfrog have developed methods of rating healthcare providers — and their methods vary. Huntington Hospital is among an elite group, having been recognized for excellence by all of these rating organizations:

**U.S. News & World Report.**
In 2016, U.S. News & World Report again ranked us among the top-performing hospitals in the nation. A number of our specialty care services also received special recognition for their excellence: neurology, neurosurgery, geriatrics, diabetes and endocrinology, orthopedics, pulmonology and gynecology. All were singled out for their high quality.

**Healthgrades®.**
Thanks to our high quality and patient-centered approach, this leading independent healthcare ratings organization has also named Huntington Hospital one of America’s best hospitals — specifically, one of the 50 top-performing hospitals among 4,500 in the United States. That puts us in the top 1 percent of hospitals nationwide. Based on patient survey information, we also received Healthgrades’ Outstanding Patient Experience Award™ in 2016.

**Hospital Compare.**
Hospital Compare, a service of Medicare, rates U.S. hospitals against 57 measures of quality, in categories including safety of care, patient experience, timeliness of care and more. Huntington Hospital has earned a four-star rating. Visit www.medicare.gov/hospitalcompare to learn more.
In 2016, we examined ways to further reduce wait times for patients in Huntington Hospital’s Nan and Howard Schow Emergency & Trauma Center. A taskforce — including Brandon Lew, DO, medical director, emergency department, Karen Knudsen, RN, manager, emergency services, Alison Birnie, clinical director, and other physician and nurse leaders — built on past successes and continued to collaborate with other departments hospital-wide, to achieve results.

“We’ve looked at how patients progress through the system and how the process could be improved,” Dr. Lew says. “Noteworthy enhancements included changes to the hospital’s electronic medical records system to increase efficiency.”

The result: Compared to the prior year, median time from arrival to diagnostic evaluation by a physician in our emergency department fell by more than 35 percent, to 22.4 minutes, in 2016. Our response time continues to be lower than national averages — and below target times established by the Centers for Medicare & Medicaid Services.

“This is important,” says Dr. Lew. “Care that’s more timely and more efficient can also help to improve outcomes.”
DID YOU KNOW?
Community support helped expand Huntington Hospital’s Nan and Howard Schow Emergency & Trauma Center — giving us the capacity to serve more patients. In 2016, we provided emergency and trauma care for more than 73,000 patients — representing an increase of more than 12 percent since 2014.
Gabriella Sherman, MD, previously served as associate program director, Graduate Medical Education program, at Huntington Hospital. In 2016, she took on a new role as vice president, clinical innovation and performance improvement. In this position, she is helping the hospital to innovate in the delivery of exceptional, affordable care to our community.

Dr. Sherman earned her Master of Business Administration from The Wharton School of the University of Pennsylvania and her medical degree at Virginia Commonwealth University School of Medicine. She completed her residency in internal medicine at Huntington Hospital. In her subsequent work, she has become known for her forward-thinking approach and her focus on measurable quality improvement.

To help Huntington Hospital better evaluate the longer-term benefits of our care, we recently introduced a new assessment tool: the patient-reported outcome survey. “We survey patients before and after their surgery,” says Gabriella Sherman, MD, vice president, clinical innovation and performance improvement, “and then again nine to twelve months later, to make sure our care has a lasting impact.”

In 2016, we also joined the American Joint Replacement Registry — which tracks data regarding hip and knee replacement procedures performed at hospitals across the country. This allows us to compare our outcomes with those of other institutions, increasing transparency and potentially helping to inform further quality improvement.

Through her work as vice president, clinical innovation and performance improvement, Gabriella Sherman, MD, is helping Huntington Hospital further improve care.
Pioneering advances.

In keeping with our commitment to improve patient outcomes through research innovation, Huntington Hospital’s expert physicians engage in a variety of important clinical research projects in collaboration with our clinical research department. Carefully selected clinical trials underway at the hospital in 2016 included, but were not limited to:

Neurology.

Our neurologists studied therapies that have the potential to improve outcomes for stroke patients — as well as medications that may help prevent stroke or its recurrence. “For example,” says Arbi Ohanian, MD, medical director, Huntington Hospital Stroke Center, “we examined the potential of a new medication called a platelet inhibitor to prevent the recurrence of acute stroke.” Dr. Ohanian serves as principal investigator on this important study.

To find out more about current research trials, call our clinical research department at (626) 397-3877.
Oncology.
Our oncologists conducted trials of new technologies that may help reduce postsurgical pain and improve overall outcomes for cancer patients. In 2016, for example, one study, led by Jeannie Shen, MD, medical director, breast surgery, evaluated the efficacy of a specific type of pain management for patients who are undergoing total mastectomy and specific types of breast reconstruction. “We’re evaluating the benefits of using a pectoral nerve block to reduce post-operative pain and nausea,” says Dr. Shen, who serves as the study’s ongoing principal investigator. “It’s part of our commitment to improve both outcomes and patient comfort.”

Cardiology.
Our cardiologists studied medications that show promise in treating irregular heartbeat and preventing heart attacks. They also conducted research into the benefits of devices, such as a new leadless pacemaker, implanted directly into the heart without the use of leads. “Results of the study have the potential to change the management of arrhythmias moving forward,” says Mayer Rashtian, MD, who serves as principal investigator on the pacemaker study.
Caring for kids.
Huntington Hospital has acquired a FirstExam Mobile Telemedicine Station for use in our pediatric intensive care unit (PICU) and neonatal intensive care unit (NICU). As a result, young patients can be assessed by subspecialists, including pediatric pulmonologists and neurologists, from other locations. These subspecialists can then consult with our own team regarding patient care — all without the patient having to be transferred to another facility.

“Patients in the PICU or NICU may not be stable enough to immediately transfer,” explains Jamie Powers, MD, medical director, NICU. “Using the new video-conferencing technology, physicians who are not on our campus can nonetheless interact with our patients in real time, as needed.” The system includes a 24-inch high-definition screen, Bluetooth stethoscope, and access to laboratory, x-ray and other diagnostic results.

“Our expert team can do a tremendous job of describing a patient’s condition via phone, but when that off-site specialist can actually listen to a child’s breathing and immediately review the child’s lab results, it provides an enormous advantage,” says Dr. Powers.

**Hope for Bryce.**

Connie McKinney was only 19 weeks pregnant when her water broke in the middle of the night. “My obstetrician told me to go to Huntington Hospital and I was put on bed rest for 40 days. Then, on November 12, 2015, my son, Bryce, was born at 24 weeks gestation.

“The biggest issue was in his lungs,” says Connie. Bryce was put on multiple types of ventilators to keep him alive. When he continued to decline, Jamie Powers, MD, medical director, neonatal intensive care unit, suggested using our new telemedicine technology to consult with a pediatric pulmonologist at Ronald Reagan UCLA Medical Center.

“The specialist was able to view Bryce’s medical records, monitor his breathing, and communicate with us in real time,” says Connie.

Our innovative care helped Bryce’s small body receive the oxygen it needed to stabilize. Today, he continues to receive treatment that is helping him flourish and thrive. “I love Huntington Hospital,” says Connie. “The doctors and nurses there gave our son the best possible start at life.”

Connie and Kevin McKinney credit Huntington Hospital with saving the life of their son, Bryce. Our telemedicine technology (pictured opposite, with Jamie Powers, MD, medical director, neonatal intensive care unit) allowed real-time specialty consultation with other experts in the field, supporting the very best of care.
Since its inception in 1975, National Charity League Juniors of San Marino has provided support to improve care for patients in Huntington Hospital’s neonatal intensive care unit (NICU) and pediatric intensive care unit (PICU). Recently, the group helped us acquire a FirstExam Mobile Telemedicine Station for the hospital’s PICU and NICU. Thank you!
Advanced technology for infants.

Huntington Hospital’s neonatal intensive care unit (NICU) obtained upgraded monitoring systems, developed by SonarMed, in 2016. The new technology provides essential, ongoing inspection of infant breathing tubes.

“Huntington Hospital was the first hospital in the nation to utilize SonarMed’s new device,” says Jamie Powers, MD, medical director, neonatal intensive care unit. The equipment pinpoints the exact positioning of the endotracheal tube, which is inserted into an infant’s windpipe to aid in breathing, and alerts caregivers immediately if the tube becomes blocked, poorly positioned or dislodged. “The new system is helping us to ensure the very best of care and outcomes for our youngest patients,” notes Dr. Powers.

Breathing easy.

On October 19, 2016, Sherria Simpronio and Russell Smith were awaiting the birth of their daughter, Bettylynn Marie Smith, when doctors at the hospital they had selected for the birth told them Sherria needed an emergency cesarean section. Their baby had a serious prenatal health condition.

When Bettylynn was born, she had difficulty breathing right away. “She was whisked away to the neonatal intensive care unit,” says Russell, “but the unit wasn’t equipped to keep her breathing and the decision was made to transfer her to Huntington Hospital.”

Here, Bettylynn received extracorporeal membrane oxygenation to help her lungs heal. She also benefitted from the availability of our new SonarMed equipment to monitor her breathing tube. Thanks to the care we provided, she is now thriving. “Our daughter almost died,” says Sherria. “Huntington Hospital saved her life and we are so very grateful.”

Newborn Bettylynn Marie Smith needed help to breathe. Jamie Powers, MD, medical director, neonatal intensive care unit (pictured opposite), can closely monitor breathing tubes for young patients like Bettylynn, using our advanced SonarMed technology.
Donor spotlight | The San Marino Guild, founded in 1951, provided steadfast support toward high-quality women’s and children’s services at Huntington Hospital for 65 years. Proceeds from the group’s final events were designated toward the purchase of upgraded monitoring systems, developed by SonarMed, for use in Huntington Hospital’s neonatal intensive care unit. This specialized equipment monitors infant breathing tubes and is helping to ensure the very best of care and outcomes for our youngest patients. We are most grateful for the guild’s long-term support.
NICU superheroes.
On April 23, 2016, Huntington Hospital hosted neonatal intensive care unit (NICU) graduates for a superhero-themed party. More than 200 guests enjoyed games, lunch and a visit with Jamie Powers, MD, medical director, NICU, and other NICU staff.

A special reunion.
On April 24, 2016, Huntington Hospital held another superhero-themed reunion event, to celebrate our fetal surgery patients and their families. We are one of the very few hospitals in the United States to perform fetal surgery — minimally invasive surgery that is used to diagnose and treat babies still in the womb. Our highly regarded program is directed by an international leader in the field, Ramen Chmait, MD.

The superhero theme provided fitting recognition for our fetal surgery patients, as well as their families and caregivers. More than 130 guests enjoyed a day of fun!
California Children’s Services.
California Children’s Services (CCS) is a state program for children with certain health conditions, whose parents are unable to pay for their care. Huntington Hospital is CCS-designated, providing high-quality specialized care to critically ill children suffering cystic fibrosis, hemophilia, cerebral palsy, heart disease, cancer, traumatic injuries and other CCS-eligible conditions.

Baby friendly.
Huntington Hospital has received designation as a Baby-Friendly hospital from Baby-Friendly USA, Inc., demonstrating our commitment to best maternity care practices — including education and counseling on breastfeeding.
A patient-centered approach.
Huntington Hospital made additional strides in patient communication, in 2016, with the addition of Video Remote Interpreters (VRI): portable touch-screen devices that allow us to connect patients, via video connection, with interpreters who speak their primary language.

VRI is available in every department at the hospital. It helps us further reduce language-related barriers to care and connect with our patients on a more personal level. Translators are available for our region’s most commonly used languages — including Spanish, Mandarin and Armenian — as well as more than two hundred others. The service also includes Certified Deaf Interpretation.

“Every translator we provide through this service is a certified medical interpreter, specially trained to talk to patients and medical staff,” says Stacy Miller, director, volunteer services, who helped introduce the new technology. “Patients choose the language they want and they’re connected with an interpreter within 60 seconds.”

“Video-based interpretation is more personal than our prior phone-based system and helps streamline communication,” adds John Carmody, MD, director, Huntington Ambulatory Care Center. “There’s just no substitute for seeing a friendly face.”

Shant Kazazian, MD, and a patient use one of our Video Remote Interpreters. The portable devices provide connection to a certified medical translator. Translators are available for more than two hundred languages, including American Sign Language.
New features include:

- **Easier navigation.** Our simplified site navigation uses four unique paths: Patients, Find a Doctor, Visitors and Partners. Clicking the relevant button on the home page leads to helpful resources.

- **A better path for patients.** Selecting the Patients button at the top of the homepage takes you to the resources and links that new and existing patients most often need. Whether you need information Before Your Visit, or During and After Your Visit, or are looking for more general Patient Resources, you will find what you need more easily, here.

- **An improved calendar.** Our new Calendar of Events shows all hospital events that are open to the community. You can also filter by date and type.

- **One-stop quality information.** Quality ranking, award and recognition information, as well as community outreach information and copies of our annual reports are all available in one central location.

- **Clear navigation and parking directions.** Our new wayfinding page, Find Us, includes two- and three-dimensional map views — with landmarks — to make your trip here easier.

The new website is also mobile friendly, so you can have the same great experience whether you visit us on your phone, tablet or computer.
Improving your stay.
Huntington Hospital’s updated Patient Guide — now available in both English and Spanish — provides important information to help you before, during and after your visit. Go to www.huntingtonhospital.org/patients to download a copy of the full guide.

Culturally competent.
More than 85 percent of our staff participated in a 2016 survey, the results of which are informing ongoing training — and enhancing our ability to serve patients from multiple cultures, sensitively and appropriately.

Friendly help on the go.
Huntington Hospital’s S. Robert and Denise Zeilstra Gift Shop offers a wide selection of gifts, personal items, floral arrangements and more. Now, a new service makes it more convenient for patients to obtain items they need. Gift Shop On the Go involves volunteers who travel throughout the hospital with a well-stocked cart of essentials.

“We’re extremely grateful to the energetic volunteers who helped roll out this service,” says Geri Hamane, gift shop manager. Look for Gift Shop On the Go to purchase healthy snacks, cold drinks, personal care items, cell phone chargers, magazines and more.

Geri Hamane (below) manages Huntington Hospital’s S. Robert and Denise Zeilstra Gift Shop. Volunteers (bottom of page, from left) Judy Hessemer, Ari Kennedy and Rhonda Kozacik helped launch the new Gift Shop On the Go.
Love dogs? So do we! Huntington Hospital’s Harvey and “Kitty” Lenkin Pet-Assisted Therapy (PAT) program connects patients with special comfort from canine volunteers who are specially trained to work in the hospital. (To ensure patient safety, all dogs must also adhere to strict grooming protocols.)

Our program currently involves more than 30 therapy dogs, and continues to grow in size. Research shows that animal-assisted therapy has a positive impact on health-related indicators such as reductions in pain, blood pressure, and anxiety, as well as on mental health and overall well-being.

The human volunteers who accompany our pet therapy dogs carry cameras to capture interactions with patients, and this spawned a bright idea: Trading cards, featuring photos of the dogs, were created to share with patients and their families.

In fact, says Stacy Miller, director, volunteer services, “The trading cards were so popular that we also decided to publish a calendar featuring some of our therapy animals.” The 16-month calendar is currently available for purchase at the hospital’s S. Robert and Denise Zeilstra Gift Shop. Proceeds from its sale are benefiting the Patient Assistance Fund, which provides support for patients at Huntington Ambulatory Care Clinic.

Volunteer Charlene Chen introduces pet therapy dog Caramel to a new friend.
Donor spotlight | Pasadena residents Sally and Russ White feel strongly about the therapeutic power of animals. This — along with their desire to help people who are in ill health — has inspired their regular support for our Harvey and “Kitty” Lenkin Pet-Assisted Therapy (PAT) program. In addition, we are grateful for funding toward our PAT program from the T.S. and K.D. Glide Foundation, of which Russ is a trustee.
For your dining enjoyment.

Inpatients at Huntington Hospital order their meals from our varied, restaurant-style menu, for delivery to their rooms. In 2016, we updated our menu, providing additional helpful information and new options.

To help patients with dietary restrictions make their selections, menus include symbols that identify which items are heart healthy or appropriate for those with kidney disease. “At the same time,” says Kim Markey, vice president, patient experience, “we wanted to make sure food offerings reflect the diversity of our patient population and we added several new items with this in mind.” Newly available options include cucumber garbanzo salad, sesame ginger chicken, lemongrass tofu, rice porridge (congee), old-fashioned pot roast and more.

Our menus are now available in English, Spanish and Chinese. Visit www.huntingtonhospital.org/nutrition to learn more about meal options for patients. Our Bistro Café, located on the ground floor of the West Tower, offers a wide variety of meal and snack choices for visitors.

Kim Markey, vice president, patient experience, announced updates to our menu, including a diverse selection of enticing new dishes.
Huntington Hospital is committed to providing excellent care in a welcoming environment, for everyone in our community. This includes the growing number of Chinese-American residents in our region. To further strengthen access and culturally sensitive care for this population, we have engaged a group of special advisors: Asian-American physicians and other community leaders who provide input to our work. In November 2016, these individuals convened at a special dinner meeting, during which they discussed additional ways to enhance our culturally sensitive care. Among the approximately 35 participants were, from left, Anne Lam, Helen and Eddie Hu, MD, Xuedong Wang, MD, and Jeannie Shen, MD.
Excellence in nursing.
Huntington Hospital’s Institute of Nursing Excellence and Innovation helps to ensure that patients receive the highest-quality nursing care here. In 2016, the institute’s important education and research activities included:

- **Advanced nurse education.** Private contributions allowed us to provide scholarships to 31 nurses in 2016, helping them pursue higher education in the field.

- **Specialty care certification.** We offered courses on our campus in specialties including neonatal, labor and delivery, and obstetrics. Through the classes, more than 50 of our nurses prepared for advanced nursing certification over the course of the year.

- **Comprehensive lactation education.** The Institute began offering extensive lactation education for our nurses, further strengthening their ability to assist new mothers. We also opened this training to nurses from other hospitals.

- **And more!** Other work included training in end-of-life care for more than 250 nurses in our intensive care unit, definite observation unit and medical-surgical units. This training is part of an innovative institute program known as CARE — which stands for Compassion and Respect at the End of Life. The program is made possible by support from generous community philanthropists.

“Traditionally,” says Lynette Dahlman, RN, director, clinical education and academic partnerships, “hospitals rely on a nurse registry in times of an unusually high patient census or when staff are absent. We wanted to explore ways to meet these needs using our own trained staff.”

With that in mind, Huntington Hospital has expanded a program through which we hire newly graduated nurses and rigorously prepare them so that they are qualified to cover for members of our nursing staff who are on leave or out sick. Participants receive extensive training and orientation, including rotations in our medical-surgical units.

“The program,” says Lynette, “has proved tremendously successful — so much so that other hospitals in our region have now followed suit.”

Opportunities for new graduates.
Ensuring SAFE care for seniors.

In 2016, Huntington Hospital was selected to participate in an important nurse-led research study — Systems Addressing Frail Elders (SAFE) Care — designed to help improve care for older adults who are hospitalized.

“SAFE Care involves educating nurses on the signs of frailty in seniors,” says Gloria Sanchez-Rico, chief nurse executive, who led efforts to bring the study to Huntington Hospital. “When an older adult is identified as being at high risk, a nurse-led inter-professional team will work with the patient and help support his or her successful transition back to the community, following the hospital stay.”

Linda Searle-Leach, RN, is a doctorate-level nurse researcher who trains our nurses in research techniques and provides consultation to those engaged in research studies. She oversees the SAFE Care study, which also involves consultation from Betsy Schoeni, RN, adult geriatric clinical nurse specialist.

To date, the SAFE Care model has demonstrated success at Cedars Sinai Medical Center and is now also being studied at Torrance Memorial Medical Center and Ronald Reagan UCLA Medical Center. “Huntington Hospital’s findings will be combined with those of the other hospitals,” says Dr. Searle-Leach. “We believe this study has the potential to inform care for frail seniors, nationwide.”

Opposite: Betsy Schoeni, RN, adult geriatric clinical nurse specialist (left), and Linda Searle-Leach, RN (right), are committed to improving the patient experience for seniors through SAFE Care.

DID YOU KNOW?
In 2016, thanks to generous community philanthropy, we expanded — to 50 — the number of our nurses who have advanced mobile intensive care nurse (MICN) certification. These specially trained nurses staff the emergency medical services (EMS) base station within our Nan and Howard Schow Emergency & Trauma Center. There, they communicate with EMS professionals who are en route to the hospital, allowing care to begin even before the patient reaches our doors. Increasing the number of qualified MICNs helps ensure full coverage of the base station, around the clock.

Donor spotlight | A significant endowment gift from Linda and Stephen Gill is helping to provide additional, advanced education for nurses and other staff who work in Huntington Hospital’s Nan and Howard Schow Emergency & Trauma Center. We are grateful to the Gills for their involvement, which further strengthens our care capacity.
2016 NURSING  
by the numbers

1,415

Total number of RNs here.

122

Number of our RNs pursuing advanced education in nursing (Bachelor of Science in Nursing, Master of Science in Nursing or Doctorate of Nursing Practice).

77

Number of new graduate RNs hired here.

All heart.

Welcome, Station 45! In this new medical telemetry unit at Huntington Hospital, caregivers monitor and assess the vital functions of patients receiving care for heart conditions. An interprofessional team collaborated to open this patient care unit, which is designed to meet the growing needs of our community. (The below is a photo from the opening ceremony.)
Nurse-led innovations.

Nursing Grand Rounds help disseminate information about excellence in patient care delivery, as nurses present the innovations they have implemented. At the first Nursing Grand Rounds, held on March 10, 2016, nurses who gave presentations included:

- **Beverly Schwerin, RN, and Alison Thomas, RN**, who discussed a community outreach educational program they have developed. The program prepares local firefighters to care for babies born outside the hospital.

- **Ashleigh Reid, RN, and Frances Johnson, RN**, who described the CARE (Compassion and Respect at the End of Life) program, which they implemented and has now been expanded hospital-wide.

- **Ron Nabong, RN, and Jay Kim, RN**, who discussed the program they established in our definitive observation unit to provide mentorship to newly graduated registered nurses, supporting their successful integration into our acute care hospital.

Gloria Sanchez-Rico, vice president and chief nurse executive (above, center), has helped create our Nursing Grand Rounds, through which nurses like Ashleigh Reid, RN (above, left), and Frances Johnson, RN (above, right), share information about their innovative work.

Donor spotlight | The June and Simon Li Endowment for Nursing Excellence is supporting expansion of CARE (Compassion and Respect at the End of Life) — a program of Huntington Hospital’s Institute for Nursing Excellence and Innovation. Many thanks to the Lis for their help in strengthening care for patients with serious illnesses.
Building on experience.
For women who are anxiously awaiting breast cancer test results, getting accurate information — and getting it as quickly as possible — is clearly important. In 2016, proceeds from the Jim and Eleanor Randall Breast Center Endowment enabled us to acquire two state-of-the-art digital tomosynthesis machines that are “supporting the goal of earlier diagnostic certainty,” says Jon Foran, MD, medical director, Jim and Eleanor Randall Breast Center at Huntington Hospital. “This technology has enabled us to improve the detection of breast cancer and reduce false alarms,” he explains.

Tomosynthesis creates three-dimensional images of the breast by combining multiple x-ray pictures from different angles. The resulting images provide a degree of screening accuracy that is unmatched by traditional two-dimensional digital mammography — enhancing our clinicians’ ability to identify cancerous tissue. For example, 10 percent of women who receive mammograms get recalled in order to scrutinize what might be an abnormality. Tomosynthesis machines can reduce that number by up to 40 percent.

“We at first thought that tomosynthesis was particularly beneficial for patients with dense breast tissue, but after using the machines, and to our surprise, we found that women with diverse levels of breast-tissue density benefited from this technology,” says Dr. Foran. “My colleagues who are using this new technology across the country are seeing the same results. Tomosynthesis technology is also facilitating performance of stereotactic breast biopsy in a fraction of the time that is required using older technology. It’s helping to improve the care experience for our patients,” he adds.

Tomosynthesis is another way in which the Jim and Eleanor Randall Breast Center is working to remain at the forefront of care.

Donor spotlight | Huntington Hospital’s comprehensive breast-care program is named in honor of two longtime, generous supporters. Our Jim and Eleanor Randall Breast Center continued to provide essential care in 2016, including screenings for more than 25,000 women.
PASADENA GOES PINK.
Recognizing Breast Cancer Awareness Month, the Pasadena Fire Department participated in a series of activities — collectively dubbed Pasadena Goes Pink — in October 2016. This included collecting donations to “fill the pink boot,” with all funds benefiting Huntington Hospital’s Jim and Eleanor Randall Breast Center.
Support for cancer patients.

Huntington Hospital now offers the only Cantonese-speaking cancer support group in Southern California. The group is led by Kenneth Lam, MD, radiation oncologist. “It’s aimed at helping patients and their families cope during a difficult time,” says Dr. Lam.

Our Chinese Cancer Support Group meets on the first Thursday of each month at Huntington Cancer Center, 625 S. Fair Oaks Avenue, Suite 100, Pasadena. For more information about this support group, please call (626) 397-8760.

Opposite: Kenneth Lam, MD, (center), who leads the Chinese Cancer Support Group, with (from left) Cecilia Chan, dietitian; Melody Loong, RN; David Yu, pharmacist; and Catherine Lee, project coordinator, cultural outreach.

Cancer education, awareness.

Huntington Hospital is known for high-quality cancer screening, diagnosis, treatment and follow-up services. In addition, we worked hard in 2016 to raise awareness and understanding of cancer, and to help prevent it.

For example, we hosted the 10th annual Pink Ribbon Conference in October. Implemented in partnership with the Chinese Herald Cancer Association, the event drew more than 200 Chinese-American breast cancer patients, survivors and their families.

On June 5, 2016, we also hosted an open house marking National Cancer Survivors Day. Participants enjoyed reconnecting with the physicians and other caregivers who helped them become survivors!
When you experience a stroke, you want the best, most effective care — from medical professionals who are experts in providing it. The latest breakthrough in stroke treatment is now performed by physicians at Huntington Hospital: Mechanical thrombectomy is a new and important treatment option for patients experiencing acute ischemic stroke.

This type of stroke involves a clot blocking one of the vessels supplying blood to the brain. When a patient suffering acute ischemic stroke arrives at the hospital, clot-busting medication — known as tPA — is delivered directly to the site of the clot. If tPA alone does not dissolve the clot, mechanical thrombectomy is now an available next step. The procedure involves a neuro-interventionalist threading a catheter into the blocked artery and using a tiny, cage-like device called a stent retriever to remove the clot.

“Since I joined the hospital’s staff in early 2015,” says Angelos Konstas, MD, “we’ve completed more than 100 mechanical thrombectomies. Huntington Hospital performs more of these procedures than any other nearby academic center.” Research shows that the number of procedures performed is correlated with increased levels of expertise and patient outcomes.

Typically, patients experiencing a stroke must receive care within six to eight hours, for treatment to be effective. However, says Dr. Konstas, “While it’s vitally important to get to the hospital as soon as possible, we’ve also had great success performing this procedure on patients who arrive beyond that time window. It’s helping to save lives — and brain function.”

Huntington Hospital is a regional leader in providing advanced stroke treatments including mechanical thrombectomy. Here, Angelos Konstas, MD, prepares to perform this lifesaving procedure.
Making rehab more engaging.

What if you could get healthier by playing video games? Now patients at Huntington Hospital Neurological Rehabilitation (NeuroRehab) Center are doing just that: The Bioness Integrated Therapy System (BITS) is a tablet-like device that patients access to play games. Each game is designed to address specific therapy needs — enhancing vision, hearing, cognitive, motor and/or other skills.

“BITS is unique in its ability to cater to a broad range of physical, occupational and speech therapy needs,” says John Takemura, manager, outpatient rehabilitation. “It’s an extremely useful tool, and because it provides so many different options,” he adds, “we’re also able to personalize therapy to each patient. We’re seeing great results.”

NeuroRehab provides comprehensive, leading-edge care for patients experiencing the effects of paralysis, stroke, traumatic brain injury, Parkinson’s disease and other neurological impairments. Each patient using the BITS system faces a unique set of challenges and goals, and each can experience a different rate of progress. The new system makes personalizing care for this diverse patient population easy, thanks to its six therapy categories and two dozen distinct programs.

“BITS also allows us to track patients’ progress, make any needed adjustments and then reassess to see how they’ve improved,” says Ilin Ohanessians, director, neurosciences and rehabilitation services. “It’s much more efficient than our old, paper-based system and it gives each patient a gaming experience that challenges and motivates them to achieve their therapy goals,” she adds.

Patient George Vieira and Amy Bowman, speech-language pathologist, use BITS as a tool to help George meet his rehabilitation goals at the Huntington Hospital Neurological Rehabilitation Center.

Committed to stroke care.
Huntington Hospital now has a dedicated Neurology Critical Care Unit within our existing Critical Care Unit. Here, stroke patients are closely monitored and receive the highest level of treatment. The unit’s nurses receive regular, specialized training that further supports excellent stroke care here.

All the latest news.
Huntington Hospital’s 2016 Brain Attack Conference — which was funded by generous community members — helped educate members of our staff about the latest advances in stroke treatment and prevention. More than 100 of our nurses, pharmacists, interventional radiology technicians and rehabilitation therapists participated in the eight-hour conference. We also welcomed representatives from local emergency medical services providers.
Community health.
Donor spotlight  | Huntington Collection is an upscale resale store that provides shoppers with high-quality goods, including vintage and designer items and more, at attractive prices. Proceeds from the Collection help support Huntington Senior Care Network (SCN). In 2016, the Collection generated $200,000 toward SCN’s important work.
Team members who help patients transition from hospital to home via our new navigation program include (opposite page, top, from left), Nina Pifer, resource specialist; Cristina Chee, RN, care coordinator; Zim Liang, resource specialist; Eddie Hernandez, lead resource specialist; Reggie Salvaleon, discharge planner; Yui Sze, RN, patient flow coordinator; and Pat Johnson, RN, nurse navigator. Tom Duncan (page 50, with Kristen Tachiki, social worker, Huntington Senior Care Network) and his partner are among those who have benefited from the program.

Huntington Senior Care Network’s expertise is helping more patients with the transition from hospital to home, thanks to a collaborative program involving its social work professionals and the hospital’s inpatient nurse navigation team. In 2016, the new navigation program was pilot tested in one of our busiest medical-surgical units. Based on its success, we are now expanding services to other areas of the hospital.

During the pilot phase, one in seven patients admitted to the unit came back to the hospital within 30 days. There was a measurable decrease, however, in readmissions among those who received navigation services, compared with those who did not.

“When a patient is going home from the hospital,” says Heather Heilmann, RN, manager, health navigation, “we’re very much focused on ensuring their safety. Working with Senior Care Network social workers expands our perspective.”

“They bring the perspective of the patient in the home,” adds Marcia Penido, director, care coordination. “They can provide home visits and they help ensure that the transition home is appropriately completed.”

“I think of it as helping patients see around corners,” says Eileen Koons, director, Huntington Senior Care Network. “A new health diagnosis,” she explains, “can require some adjustments and the patient may not recognize the need to adjust — or she may see the need to change, but not know how. Our team members’ professional experience allows us to help patients anticipate what they’ll need in advance, and find solutions.”

The navigation program also, Eileen notes, helps clinicians to anticipate needs — by providing information about patients’ overall situation, and any risks they may face when returning home. “We’re leveraging our expertise to provide a strong system of care that reaches out beyond the hospital walls,” she adds.

Many of Huntington Senior Care Network’s care coordination services are now covered by health insurance plans. Nurses and social workers are available to assist frail and vulnerable seniors at home, as well as at adult day healthcare centers and assisted living facilities in our region. For more information, call Senior Care Network at (626) 397-3110.
Huntington Senior Care Network has moved.

In 2016, Huntington Senior Care Network (SCN) moved to a new home in the single-story brick buildings on the northwest corner of Huntington Hospital’s campus — on Pasadena Avenue just south of California Boulevard. The upgraded office space further supports the work of SCN staff (pictured above) in helping older adults, adults with disabilities and family caregivers remain healthy and independent.

Visitors should park in the hospital’s North Parking structure or use the valet service at the hospital’s California Boulevard entrance. Please ask an ambassador at the front desk in the hospital’s main lobby for a visitor pass. For community members receiving SCN services, we are pleased to provide parking validation.

Timely information.

50+ HealthConnection is a twice-yearly newsletter published by Huntington Senior Care Network (SCN). It includes news and tips for seniors, as well as for family members who are caring for seniors. Articles also address the needs of individuals in their pre-retirement years — and a calendar section details upcoming educational events and other SCN programs. Simply visit www.huntingtonhospital.org/newsletters and select 50+ HealthConnection to become a member and receive the free newsletter — along with other informative SCN mailings.
Global project, local impact.

The Phil Simon Clinic Tanzania Project was established in 2001 by medical staff member Kimberly Shriner, MD. This innovative outreach program provides free medical, surgical, social work and educational services to patients living with HIV/AIDS, as well as those with orthopedic and other health needs, in rural Northern Tanzania, Africa.

Every two years, Dr. Shriner and other members of our medical and administrative staff travel to Tanzania. There, they provide free medical and surgical care, and conduct home-health visits. To date, more than 100 of our employees and physicians have participated as volunteers.

The 2016 trip marked the second time Mark Powell, MD, chair, pediatrics, has traveled to Tanzania with the project. “As a pediatrician, I’m especially moved by the smiles of the children we visit,” says Dr. Powell. “In many instances, they’re hungry and suffering the consequences of both economic and social neglect, and yet, they’re exuberant, happy and appreciative. I always end up getting more from them than I’m able to give.”

In addition to benefits for its patients, the Tanzania project serves as an important work/study opportunity for our internal medicine and general surgery residents: In 2016, four of our residents made the trip and helped provide patient care. “Through their experiences in this extremely underserved area of the world,” says Dr. Shriner, “residents further hone their diagnostic and care skills, in ways that help them provide even better care for patients here at home.”

The Phil Simon Tanzania Project provides free medical care and other services to patients, including children and those living with HIV/AIDS, in Northern Tanzania, Africa.

Assessing the health needs of our community.

Every three years, Huntington Hospital, in partnership with the City of Pasadena Public Health Department, conducts a far-reaching Community Health Needs Assessment. The most recent assessment, conducted in 2016, provided important information about the health status and needs of residents in Greater Pasadena. Visit www.healthypasadena.org to download a copy of the full report.

DID YOU KNOW?

In September 2016, Jane Goodall spoke to Huntington Hospital leaders and members of our medical staff. During her remarks, she praised our Phil Simon Clinic for its work in rural Northern Tanzania, Africa. Considered to be the world’s foremost expert on chimpanzees, Jane is best known for her 55-year study of social and family interactions of wild chimpanzees in Tanzania. She is also the founder of the Jane Goodall Institute.
Huntington Hospital’s Blood Donor Center offers a variety of blood donation services, including whole blood donation, directed donation (donating blood to a specific person) and the donation of specific blood components. The blood collected is used to treat our patients, including those receiving lifesaving interventions at our Nan and Howard Schow Emergency & Trauma Center.

In the summer of 2016, our Blood Donor Center put out an emergency call for blood after the American Red Cross announced a blood shortage. Blood shortages occur when blood products are being used faster than they are being received. “Summer blood shortages are not uncommon,” says Ida Diaz, recruiter, Blood Donor Center. “Schools, which frequently host blood drives, are closed and families are on vacation, so there are fewer donors at that time of year.”

Significantly ramping up local efforts, “We held more than seventy blood drives between April and August,” says Ida. “That’s up ten percent from the same period in 2015.” As a result, we also increased units of blood collected between April and August by 7 percent, when compared to the same period in 2015. “We’re grateful to the community for helping us meet this vital need,” Ida adds.

Huntington Hospital is grateful to those who give blood to save lives. We depend on your donations to provide care for those in urgent need.
COMMUNITY HEALTH
by the numbers

Huntington Hospital’s community outreach program provides important health outreach and education services free of charge for local community residents. Here, a look at some of the numbers for 2016.

1,862
Local residents who received health screening/counseling at community sites.

710
Number of attendees at community education presentations.

2,053
Influenza vaccines administered.

246
Patients who received asthma education and treatment through Huntington Hospital Community Asthma Program.

GIVE BLOOD, SAVE LIVES.
The need for blood is ongoing. Please donate the gift of life.

BLOOD DONOR CENTER HOURS
Monday
11:30 a.m. to 6:30 p.m.
Tuesday through Thursday
9:30 a.m. to 4:30 p.m.
Friday
7:30 a.m. to 2:30 p.m.

The Blood Donor Center is located on the ground floor of the hospital’s Wingate building, near our Emergency & Trauma Center.

Visit www.huntingtonhospital.org/giveblood to learn more.

A walk to save lives.
On October 8, 2016, more than 350 Huntington Hospital employees and their family members participated in the American Heart Association’s Heart Walk, held at the Rose Bowl in Pasadena. They raised more than $25,000 to help fight heart disease and stroke in our community.
Community benefits. Huntington Hospital provided approximately $108 million in qualified community benefits during the 2016 reporting period, including $41 million in support to the Medicare population. Community benefits also include charity care, health research, training and education, and community outreach and education. Calculations based on report filed with the State of California in May 2017.

* Inclusive of Collis P. and Howard Huntington Memorial Trust.
† Mandatory participation program for hospitals in California.
Thank you.

Huntington Hospital is deeply grateful for the support of the following donors in 2016. Without the generosity of these dedicated individuals and organizations, the lifesaving work described throughout this publication would not have been possible.

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- Flintridge La Cañada Guild of Huntington Memorial Hospital
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- The Ahmanson Foundation
- AS&F Foundation
- The Ayco Charitable Foundation
- Bank of America Charitable Foundation, Inc.
- Steve Blackwell 2002 Trust
- Ethel Wilson Bowles & Robert Bowles Memorial Fund
- The Edmund A. & Marguerite L.A. Burke Foundation
- California Community Foundation
- Catholic Community Foundation
- Los Angeles Fidelity Investments
- Charitable Gift Fund
- Fire Family Foundation
- The Georgina-Fredrick Fire Family Foundation
- The John & Katherine Gurash Foundation
- Henry L. Guenther Foundation
- The John & Katherine Gurash Foundation
- Jewish Community Foundation
- W.M. Keck Foundation
- Harry Bronson & Edith R. Knapp Foundation
- The Mattison L. Haywood “LovexKey” Foundation
- Northern Trust
- Children’s Foundation
- The John & Katherine Gurash Foundation
- W.M. Keck Foundation
- Harry Bronson & Edith R. Knapp Foundation
- The Mattison L. Haywood “LovexKey” Foundation
- Northern Trust
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- Panda Charitable Foundation
- Pasadena Area Respiratory Health Foundation
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A message from our president and chief executive officer, Stephen A. Ralph.

Dear friends

As Paul noted in his introductory letter, I recently announced my intention to step down as Huntington Hospital’s president and chief executive officer. It has been a pleasure and a privilege for me to serve in this leadership role, during what has been an especially important time in the hospital’s 125-year history.

Over the course of my tenure here, hospitals have been subject to significant changes and challenges. As you have likely read, in countless news headlines, it has been a time of near-constant evolution in the field of health care.

At Huntington Hospital, we have faced these challenges head on — and excelled. Today, we provide some of the nation’s very best medical care, right here in the San Gabriel Valley. And, as a result of our efforts, rating organizations across the nation, including the gold standard of hospital surveys, Leapfrog Hospital Safety Grades, have recognized our accomplishments. I am extremely proud of our stature as a national quality leader and prouder still of how our care services make a difference in the lives of people here in our own community.

I extend my heartfelt gratitude to all who have provided and supported compassionate and excellent health care here, in 2016. Because of you — our talented caregivers, exceptional staff and generous donors — I have the utmost confidence in the future of this hospital. Thank you for being a meaningful part of our essential work.

Sincerely,
Huntington Hospital complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Huntington Hospital is committed to improving the environment. The 2016 Annual Report has been printed entirely on Forest Stewardship Council-certified paper. FSC certification ensures that the paper used contains fibers from well-managed and responsibly harvested forests that adhere to strict environmental and socioeconomic standards. We are proud to make this significant move to help our environment.

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When Kay Malloy lost consciousness, she was rushed to Huntington Hospital’s Nan and Howard Schow Emergency & Trauma Center for care. Our expert team responded rapidly, identifying three blood clots—including one in Kay’s lungs. Daryl Banta, MD, medical director, pulmonary and respiratory services, ordered clot-busting medication, which ultimately saved Kay’s life. Then, when further tests identified a nodule on Kay’s lungs, Dr. Banta recommended continued monitoring. “There was some question as to whether the spot was the result of trauma to my lungs or whether it was a small tumor,” says Kay. “Based on Dr. Banta’s advice, I went in for additional testing six weeks later, which confirmed it was a growing tumor. I underwent surgery at the hospital and, thanks to early detection, I’m happy to report I’m now cancer free.”

Kay says she is grateful to be alive, thanks to Dr. Banta and her entire medical team, and is back to playing bridge with friends three times per week. “I recently celebrated my eightieth birthday,” Kay adds. “I feel so blessed to have received such phenomenal care.”